The 7 Lessons of Right-Minded Teamwork Thinking

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...for advanced user of Right-Minded Choice
7 Lessons of Right-Minded Teamwork Thinking

1. I am not upset about this difficult team situation for the reason I think.

2. I accept and own my part in this situation.

3. It’s impossible for me to have neutral thoughts.

4. I forgive others and myself.

5. I will transform the effects of this difficult team situation.

6. I adjust my thinking and behavior.

7. I am determined to see every difficult team situation as a Right-Minded Teamwork learning opportunity.

Right-Minded Teamwork is a business and psychological approach to team building where acceptance, forgiveness and adjustment are teammate characteristics, and customer satisfaction is the team’s result.
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Chapter 1

Prison or Classroom: What Team Do You Have?

If you see yourself here, read on.

It’s a little scary to think about your team being a prison, isn’t it? No one wants that; however, those teams are out there. And there are far too many.

The good thing is that you can choose whether your team feels like a prison or a classroom where you and other teammates can grow and thrive.

Whether you are aware of it or not, your thoughts are constantly determining how you choose to behave with teammates. Thoughts produce your behaviors, which in turn, can turn teammates into classmates or prisoners who work alongside of you. It’s that simple, 100% of the time.

Therefore, the truth is: you create the prison or classroom.

What’s on the outside of you is a reflection of what’s going on inside you.

When you’re upset, the natural reaction is to attack in some form or fashion. When you’re upset, it is difficult to accept that what you’re experiencing on the outside is essentially a mirror image of what is going on inside of you. While this is difficult to accept, you’ll be much better off if you do because you cannot find the best solutions when you are troubled.
Moment of Reason

What you want is a “moment of reason.” It’s a sane moment when you shift back and

Accept what’s happening,
Forgive yourself and others and find new and better solutions by
Adjusting your thinking and work behavior.

By accepting and forgiving, you create a classroom for getting back into your right-mind where Reason’s guiding principles help you adjust and recover.

You’ll always have difficult team situations, but it’s not justification for letting those conditions control you. You have a kingdom to rule, and that kingdom is your mind.

It’s your choice. You either choose Reason’s teachings by accepting those situations as learning opportunities, or you follow a destructive path for your team. Choosing to accept those learning opportunities ensures creating a professional and emotionally mature classroom. Blaming others creates a dark and upsetting prison.

Here is one way to describe how this works in your mind. When you instruct your wrong-minded Ego to step back, Reason, your right-minded teacher will move forward in your awareness. You have now placed Reason in the position to help you use these lessons to accept, forgive and adjust to recover from a difficult situation.

You have now taken control of your mind and are now back on the Right-Minded Teamwork journey. This is a journey without physical distance because the transformation you’ve made is in your mind.

Walk this journey with Reason and you will build a Team That Works as One.

In the next chapter, we will go further into understanding the difference between Reason and Ego guiding principles. And then, you’ll easily see, how accepting, forgiving and adjusting are the basis for creating many moments of reason. In those moments, a moment without physical distance, you transform your mind and work behavior.
Reason’s 7 Lessons

Here are Reason’s seven lessons for transforming your team into a joyous classroom. This transformation is summed up in one sentence, with special emphasis on just three words.

Right-Minded Teammates accept, forgive and adjust their thinking and work behavior.

1. **Period of new awareness:**
   “I am not upset about this difficult team situation for the reason I think.”

2. **Period of owning up:**
   “I accept and own my part in this situation.”

3. **Period of sorting out:**
   “It’s impossible for me to have neutral thoughts.”

4. **Period of letting go:**
   “I forgive others and myself.”

5. **Period of new solutions:**
   “I will transform the effects of this difficult team situation.”

6. **Period of new thinking:**
   “I adjust my thinking and behavior.”

7. **Period of achievement:**
   “I am determined to see every difficult team situation as a Right-Minded Teamwork learning opportunity.”
Chapter 2

Team Prison or Classroom: Reason = Classroom

The rules haven’t changed. Have you?

In the previous chapter, we talked about how your thoughts produce behaviors, which in turn, can turn your teammates into fellow classmates or prisoners.

Now, we’re going to expose two instructors, Reason and Ego, who live inside you, and are responsible for teaching you, the Decision-Maker, the thoughts that produce behaviors that eventually turn your teammates into classmates or prisoners who work beside you.

You were also asked in the first chapter to take control of your mind. Which means, you, the Decision-Maker, must listen to Reason’s advice and choose right-minded teamwork behavior. That behavior will help you, and your team get back on the Right-Minded Teamwork journey.

Let’s take a closer look at Ego, Reason and the Decision Maker, who are in your mind and involved in all your daily choices.

Ego and Reason are your daily teachers. The Decision Maker is the part of you who decides which teacher to listen to and follow.
Whether you know it or not, each morning you decide what kind of day you’re going to have based on which teacher you choose. You follow Ego and get out on the wrong side of the bed, or you follow Reason and get out on the right side with a smile on your face.

Ego is your noisy, wrong-minded teacher. **Ego is negative** and teaches you that your team is a prison. Your Ego is constantly talking inside your head, urgently telling you that it’s a desperate world out there and that it’s not your fault your team is a prison.

Ego teaches you how to attack and blame. If you don’t listen, Ego attacks and blames you for not following his advice. If you believe him, you feel guilty.

On the other hand, **Reason is calm, quiet and teaches you about your right-minded thought system.** Reason knows that you and your teammates are much better off working together as one unified team.

Reason asks you to view your team environment as a wonderful and safe classroom. Reason also stands ready to partner with in order to show you how to behave in a right-minded way. Once you’re out of bed and on your way to work, these two completely different teachers come along for the ride.

At work, your Ego immediately sees all the team challenges and begins telling you how to respond. This will, of course, come in the form of some kind of attack and blame statements such as, “How could you be such an idiot?”

Reason, on the other hand, sits quietly while your Ego rants. Then when you painfully realize Ego’s advice is creating your fear, guilt, and anxiety. Finally, you think, “There must be a better way.”

In this moment of reason, you gladly let Reason step gently into your mind to remind you of the right-minded choices you committed to. Soon, you find better ways to work with your teammates.

Yes, Reason reminds you, but it’s you, the Decision Maker who decides how to turn choice into right-minded work behavior.

Here’s a specific example of how it works.
Let’s assume that a major mistake happened on your team. Half of the team is fired up and aggressively blaming the other half for the mistake. This is often called an Ego attack.

Teammates make toxic and hurtful statements about each other, both directly and indirectly. The team becomes stuck in a conversation of “attack and defend,” and no one is working to resolve the issue.

Reason reminds you of two right-minded principles:

1) engage in helpful and problem-solving communication and
2) correct mistakes, don’t punish the people who made them.

When you mentally and emotionally embrace these principles, you experience a moment of Reason, which brings you back into the proper thought system. Now you are ready to choose. In your mind and heart, the right way to respond is gently revealed to you.

For example, in this situation, you might say to your teammates, in a calm voice:

“Here’s a suggestion. Let’s discuss the facts about what happened, and then find an immediate solution.

After we resolve and recover from the mistake, we’ll have a second discussion — not to assign blame, but to create a Work Agreement so that this mistake doesn’t happen to our team again. How does that sound?”

When you follow Reason’s advice, you communicate more effectively and caringly, plus you correct mistakes and your team journeys closer to Right-Minded Teamwork. Most importantly, your team’s customer is happy.

If you follow your Ego’s advice, your response only makes the mistake worse. It make sense, doesn’t it?

In the next chapter, we will dive deeper into the first two lessons that essentially can be summarized with one word: **accept**.
Chapter 3

Team Prison or Classroom: How to Accept Your Role in a Difficult Situation

You want and need to accept your role in team conflicts.

As a Right-Minded Teammate, you are committed to using your mind and not your emotions when faced with difficult team situations. That means you are willing to practice and learn how to use one or all seven of Reason’s lessons.

The lessons can be summarized in one sentence with special emphasis on three words.

You accept, forgive and adjust your thinking and work behavior.

Inherent in those three words (accept, forgive, and adjust) is your willingness to look within yourself to claim your freedom, and choose how to respond. That right-minded choice creates a mature work behavior, which in turn, increases the likelihood of transforming any difficulty into a safe learning classroom for you.

To receive the greatest benefit from these lessons, you must monitor your thinking, plus the conversations you have with others. Your monitoring is how you look within yourself.

Please listen carefully:

You want to look within, because that’s where you find right-minded answers to resolve your difficult team situations.

These seven lessons from Reason can be applied to every difficulty you experience. Yes, every difficulty. In addition to teaching you how to apply each lesson, you’ll see how a Right-Minded Teammate would apply each lesson to a difficult situation that will be familiar to you.

CCT Disorder
That situation is called the CCT Disorder: the Constantly Complaining Teammate Disorder.

The first two lessons can be summarized in a word: accept.
Training your mind means you first accept the situation by going through two periods:

1. **The period of new awareness.**
   And then a ...

2. **Period of owning up.**

These periods may last only a few minutes, but more often, they last much longer. They don’t need to be painful, but usually are. However, the pain comes mostly from you. It’s rooted in your belief that the difficulty is somehow taking away valuable things from you, or that your sense of worth is being challenged.

By applying these next two lessons as soon as you can, you start the process of actually recognizing the lack of value you think you’re losing. You also realize the so-called challenge is mostly an emotional reenactment of memories of when you were wronged or hurt.

Here’s the first lesson and how to apply it.

Lesson #1:

**I am not upset about this difficult team situation for the reason I think.**

The word ‘upset’ can mean many different things, such as anger, fear, anxiety, guilt, or shame. When you look at the situation, you can decide the term that most accurately describes what you are experiencing and feeling.

The difficulty evokes past memories, which is why you’re not upset for the reason you think. This doesn’t mean those other people don’t need to change; it only means you should not be upset with them for something that happened in your past by other people.

When you notice you are upset, stop and quietly say to yourself.

\[
\begin{align*}
\text{I am not angry at } &\_\_\_\_\_\_\_\_\text{ for the reason I think.} \\
\text{I am not afraid of } &\_\_\_\_\_\_\_\text{ for the reason I think.} \\
\text{I am not worried about } &\_\_\_\_\_\_\_\text{ for the reason I think.} \\
\text{I am not depressed about } &\_\_\_\_\_\_\_\text{ for the reason I think.}
\end{align*}
\]

Your honest look will help you remember you had a sibling or a schoolmate who constantly complained, but instead of being coached and corrected they were rewarded and promoted. You have always felt this was unfair.
Listen carefully.

**It’s your belief in the unfairness that is upsetting you.**

To move back to your right-mind, you want to accept and own that you are emotionally reliving your memories. Again, it doesn’t mean that the CCT behavior you are observing today is acceptable. It simply means you are choosing to not let their behavior rule your mind or emotions.

This period of renewed awareness is a necessary period and usually brings up past pain. Continue to apply the next lesson because it will help you move back into your right-mind where you can lessen the pain.

Here’s the second lesson and how to apply it.

Lesson #2:

**I accept and own my part in this situation.**

In this lesson, the Right-Minded Teammate always goes within and asks themselves, “What did I do to create, promote or allow the CCT teammate to _______?”

Even though a constantly complaining teammate is very hard to work with every day, other teammate’s behavior, including yours, is in some way enabling that teammate to continue complaining.

For example, the Right-Minded Teammate could answer the “...create, promote, and allow ...” question this way:

- **When I talk with him while he’s complaining, I communicate in a derisive and argumentative way, which only makes him complain even more. This is how I am helping to create this difficulty.**

- **When I see him coming my way, I turn away to ensure we don’t bump into one another. He likely sees me do that, and it might frustrate him. My avoidance behavior is, essentially, allowing him to continue complaining.**

- **I often complain about him to others behind his back. Maybe he’s heard I’ve done this, which just makes him complain even more. This “behind his back” complaining is helping promote this difficulty.**
The first two lessons are about acceptance and they are necessary steps in transforming your prison into a classroom.

You must accept that you’re not upset for the reason you think, and then you must own your part in the upsetting situation.

By applying these first two lessons, you accept you have only been temporarily out of your right-mind which makes it easier to forgive yourself for doing whatever you have done. Now, the natural next step will be to adjust your thinking towards finding legitimate solutions to resolve the team difficulty.

In the next chapter, we will dive deeper into the next three lessons that can be summarized with one word: forgive.
Chapter 4

Team Prison or Classroom: Forgive Yourself & Others

It won’t work if you don’t forgive others and yourself.

As a Right-Minded Teammate, you use one or all seven of Reason’s lessons. The lessons can be summarized in one sentence with emphasis on three words.

I accept, forgive and adjust my thinking and work behavior.

Inherent in those three words is your willingness to look at yourself. Please listen: you want to look because that is where you find right-minded answers.

These lessons can be applied to every team situation, and we’re using the CCT Disorder: the Constantly Complaining Teammate Disorder, as a teaching example.

Training your mind means you first accept the complaining teammate. This does not mean you approve of their behavior. Next, you forgive yourself and others because you will never find the best solution unless you do so.

Training your mind to forgive means you go through a ...

3. Period of sorting out
   And then a ...

4. Period of letting go
   And then a ...

5. Period of new solutions.
These periods can last for a while. They don’t need to be painful, but usually are because you’re not experienced at the task of forgiving a constantly complaining teammate.

Here’s the third lesson and how to apply it.

Lesson #3:

**It’s impossible for me to have neutral thoughts.**

Your thoughts are never neutral. They always produce images and reinforce beliefs even when you’re asleep.

Your thoughts go in only one of two directions. They move you toward right-minded accountable thinking of acceptance, forgiveness and adjustment, or in the opposite direction of rejection, attack and defense.

You’re not the only one on your team who experiences the effects of your thoughts about this CCT disorder. People sense if you are having a bad and un-forgiving day.

Admit it. Own it. Stop pretending. **You can’t hide it.**

On the other hand, when people sense you’re in a forgiving mood, they are drawn to you. That guarantees you have the day you want – one in which your team is seen as a joyous classroom.

When you notice, stop and quietly say to yourself.

*This thought about ____________ is not a neutral thought.*

*That thought about ____________ is not a neutral thought.*

*This thought about ____________ is not neutral because it is impossible for me to have neutral thoughts.*
Here’s the fourth lesson and how to apply it.

Lesson #4:

**I forgive myself and others.**

The justification for forgiveness is simply this:

> Anger, fear, anxiety, guilt, shame and similar feelings are never justified because they block you in finding the right answers to difficult team situations.

Forgiveness means you feel safe to accept your part in the situation without punishment. It’s the only way for you to create the right-minded atmosphere for resolving this situation.

Remember: he who would not forgive must judge, for he must justify his failure to forgive. But he who would forgive himself will learn to welcome the truth exactly as it is.

This lesson asks that you merely see forgiveness as a natural response to a difficult team situation. Forgiveness, along with acceptance and adjustment, are the only sane responses to difficult situations.

Forgiveness paints a picture as to what Right-Minded Teamwork can mean to you, which is a classroom where teammate collaboration and customer satisfaction flourish.

When you notice un-forgiveness thoughts – stop, and quietly say to yourself:

> **I forgive myself, at least this time, for resisting and not listening to his complaints.**

> **I will try to forgive him for complaining because I truly think he cares about doing a good job, even if he communicates his ideas so poorly.**

> **I forgive others and myself.**
Here’s the fifth lesson and how to apply it.

Lesson #5:

**I will transform the effects of this difficult team situation.**

Every thought you have makes up some part of what you experience on your team. Your thoughts are the only way to transform the way you see and interact with the constantly complaining teammate.

Therefore, to transform the effects of what you see, you must give up “attack thoughts.” Attack thoughts are the opposite of forgiveness. Those thoughts can be just a mild irritation or they can be intense frustration. No matter how mild or intense they are, those attack thoughts are moving you into wrong-minded thinking and behavior.

The 7 lessons should have convinced you by now that you’re not trapped in a team prison forever because the cause — your attack thoughts, can be changed. The choice is totally up to you.

When you notice yourself having attack thoughts – stop, and quietly say to yourself.

- *I will transform the effects of __________ by remembering the choice is mine.*
- *I will transform the effects of this difficult team situation by giving up these attack thoughts about ____________.*
- *I will transform the effects of this difficult team situation.*

By applying the first two lessons, you **accept** you have only been temporarily out of your right mind, which makes it easier to apply the next three lessons of **forgiveness**.

Now, the natural next step will be to **adjust** your thinking towards finding solutions to resolve the team difficulty, which is what we will discuss in the next chapter.
Chapter 5

Team Prison or Classroom: Adjust Your Thinking

You can adjust your thinking and help a complaining teammate.

As an aspiring Right-Minded Teammate, you are joyously beginning to experience the effects of applying Reason’s lessons in your daily work life and already seeing benefits.

You’ve learned that by applying the first two lessons on accepting and adjusting, you accept you were only temporarily out of your right mind, making it easier to apply the next three forgiveness lessons.

Now that you’ve accepted and forgiven, you have discovered how natural and easy it is to adjust your thinking towards finding legitimate solutions for the team difficulties you are experiencing.

It’s amazing how easy it can be to transform your team from a prison to a classroom by simply changing your mind and the way you look at issues.

As we’ve said before, these lessons can be applied to every team situation. In this series, we’re using the CCT Disorder: the Constantly Complaining Teammate as a teaching example.

Training your mind to use these lessons means the first thing you do is accept the complaining teammate. This doesn’t mean you approve of their behavior; you’re just accepting it.

Next, you forgive yourself and others because you’ll never find the best solution unless you do so.

Now, that you’ve accepted and forgiven you’re in the right frame of mind to adjust your thinking.

Training your mind to adjust means you go through two periods:

6. A period of new thinking
7. A period of achievement
These periods can last for a while just like the others, but they’re usually not painful. Especially if you’ve done the work and have genuinely forgiven yourself and others.

If you find that you’re experiencing pain, you have not completely accepted and forgiven. You won’t find new solutions to your issues until you go back and apply those lessons.

Anger, fear, anxiety, guilt, shame and similar feelings are never justified because they create the wrong frame of mind for finding the right solutions to your team’s solution. So, the justification for forgiveness is simple: it’s the only path to your success.

Here’s the sixth lesson and how to apply it.

Lesson #6:

I adjust my thinking and behavior.

Reflect carefully on this: if you always do what you have always done, you will always get what you have always gotten.

Read that again and accept it, because it’s important to understand and believe.

To create a new working relationship with the constantly complaining teammate, you must change your thinking and behavior. You can’t keep doing what you’ve always done because they will just continue to complain. And nothing will change.

You don’t need to make dramatic changes. Start small. Start by adjusting your mind and the behavioral adjustment ideas will follow. Here’s an example of how the conversation might go inside your mind.

First, stop and then quietly say to yourself:

When I know I have to talk with him, I’ll remind myself I am in charge of what I think and do and say.

I decide what I think and do, regarding whatever he’s complaining about at that moment.

The next time he’s complaining, the first thing I’ll do is not to mentally resist him and secondly, I’ll really listen to his ideas to see if I can find a legitimate solution. I want to bring him to his senses, not his knees.

I will freely give my opinion and judgment, but I’ll communicate it in an emotionally mature way even if he is still actively complaining. In other words, just because he is communicating poorly doesn’t mean I have to stoop to his level.

When I act and behave as a right-minded teammate, he will experience good teamwork behavior. He just might decide to change too!
Adjusting your thinking and behavior is much easier when you accept and forgive. By doing all three – accept, forgive, adjust – you will transform your team from a prison to a joyous classroom. Experiencing your success ensures you will easily embrace the last lesson because you will naturally want more success.

Here’s the seventh lesson and how to apply it.

Lesson #7:

I am determined to see every difficult team situation as a Right-Minded Teamwork learning opportunity.

This is called the period of achievement because you have witnessed the transformative power of these lessons. You realize and accept that you produced these achievements. You have proof these lessons have strengthened your mind. You are in control of the kingdom of your mind.

More and more you hear yourself say:

I accept that I am not my mistakes; mistakes are opportunities.

I am determined to convert my mistakes and learn from them.

I will do unto others, as I would have them do unto me.

I will always think and behave in a “we-centered” way; there is no “I” in team.

I’m not a victim of the world I see.

I determine how I feel about a situation or change.

Enjoy this period of achievement. You deserve it.
However, please embrace and accept that there will always be something else. There will be an unexpected thing that will come along and upset you. It may be the same constantly complaining teammate, or it could be a completely new difficult team situation.

No matter what it is, when you notice you are upset, you must start over with the first lesson by saying;

   I am not upset about this difficult team situation for the reason I think.
   I am determined to see ______________ [name of person] differently.
   I am determined to see ______________ [name of situation] differently.
   I am determined to see ______________ [specify the attribute] in ______ [name of person] differently.

And then carry on applying any or all the remaining lessons.

Accept the fact there will always be difficult team situations. And now that you know how to address them, you can easily accept that you are well on your way in this journey of becoming a consistent and admired Right-Minded Teammate.

This journey is a journey without distance because it is in your mind which is what we will discuss in the next chapter.
Chapter 6

From Team Prison to Classroom: a Journey Without Distance

This is the most profitable journey you will ever take.

It is the most rewarding journey of your career.

This first step in your transformational journey starts in your mind.

Only you can make this journey, but you’re not the only one that benefits. Your teammates and customers benefit too.

It is a journey without an actual physical distance, required to reaching your goal of creating a team that works as one.

And you are not alone! You have a mighty companion who will guide you.

Reason, who was introduced in the second chapter, is your personal teacher and guide. Reason lives inside you and guides you. Reason’s plan, which includes the seven lessons, will not fail.

Reason’s plan stands before you like an open door. Inside the door are other Right-Minded teammates who are calling you to join them. They are asking you to enter and to make yourself at home where you belong. In there, you will find a classroom full of answers for creating a team that works as one and leads you to success.

Why stand outside while your teammates wait inside? Don’t wait a moment longer – it’s time to choose. In there, you’ll learn ways to apply the answer you’ve been looking for. You will learn how to accept, forgive, adjust and carry on.

After reading how to turn your team into a classroom, the following truth should be crystal clear:

The only freedom you truly have is the freedom to choose.

To make the most of your freedom, you must train your mind to apply Reason’s lessons to have a truly successful team.
So, what does train your mind really mean?

It means training your mind so you get into the habit of speaking a lesson and listening to Reason’s instruction when a difficult team situation occurs. Strictly speaking, these lessons are not affirmations. They are not statements you simply repeat and then magically expect them to produce results. Life doesn’t work that way. Your own experience has taught you this time and time again.

A lesson is a catalyst that carries you forward and deeper into your right-mind where you find the best answers for how to respond to difficult team situations. For example, take lesson #1— I am not upset for the reason I think.

When you realize you’re upset and speak that lesson to yourself, you should immediately be still and listen inside for the answer you need.

And what do you listen for? Well, that’s simple too, but you need practice to build your awareness and confidence. Do you remember a time when you said to yourself, usually after making some kind of mistake,

“What was I thinking? I should have trusted my intuition! If I had, I wouldn’t have made that mistake.”

That ‘trusting your intuition’ is what you are listening for. This is your moment of Reason. You are listening to your intuition, or what we call “Reason,” to give you the right-minded answer for how to respond.

And how do you know you are listening to the voice of Reason? That too is simple. You know you’ve heard Reason when you’re at peace and the answer you heard heals the difficulty, and doesn’t cause harm. If you’re at peace, you can rest assured you have heard Reason properly.

Now that you are at peace with Reason’s instruction, you can take the second and final step, which is to follow the training you received.
Here’s how training your mind “broadly” works over time.

To the untrained mind, the Constantly Complaining Teammate looks vicious, like an angry dog ready to attack. Since you want to see this situation differently and accept you are not upset with that teammate for the reason you think, you are now willing to see him not as a vicious dog, but just an angry little puppy.

Yes, the complaining teammate will certainly be annoying, but now you clearly see him for what he is. He is not to be feared, or harmed nor do you want to dismiss him.

Your new and more right-minded-oriented vision is evidence the lessons are transforming your mind. You sense progress, and now see this situation as less prison and more of your personal classroom. You become more determined to learn from this situation.

Please realize you are ‘training your mind’ to see differently even though the teammate has not changed. Now that he looks like this cute little angry puppy, you will say things to yourself like:

- *I forgive myself, at least this time, for resisting and not listening to his complaints.*
- *I will do my best to forgive him for complaining because I truly think he cares about doing a good job, even if he communicates his ideas so poorly.*
- *I will freely give him my opinion and judgment, but I’ll communicate it in an emotionally mature way even if he is still actively complaining.*

Training-your-mind is an evolutionary process. It takes time and consistency. After continual application of Reason’s lessons, you will see your teammate less and less as the angry dog and eventually you will see him as just a cute, puny, growling puppy.

You will eventually see this teammate as someone who is not to be feared or avoided but a person who needs to be heard and included.
“You may say I’m a dreamer, but I’m not the only one.”

With your new vision, your behavior changes.

You are now seen as someone who corrects team mistakes instead of punishing those who made them. Teammates like your attitude and behavior. They are drawn to you. They seek your advice. And finally, it’s very possible that the constantly complaining teammate starts looking at their wrong-minded choices. They now see that acting in a right-minded way will get them more than acting in a wrong-minded complaining way.

Wouldn’t you agree that we would be better off if everyone saw his or her team as a positive and safe classroom? “You may say I’m a dreamer, but I’m not the only one.” I’ll tell you what; don’t worry about the rest of the world. Just choose to see your team, right now, in a right-minded way, OK?

Right-minded thinking is natural. It is already inside you. When you and your teammates are not collaborating or functioning at your best, you can be certain you are following wrong-minded choices.

On the next page you’ll see a short list of Right-Minded Choices. We have more and we don’t claim that our list teaches the complete meaning of right-mindedness. We do proclaim that by discussing these choices in your team, and eventually making Working Agreement to achieve them, you and your teammates will remove the blocks to right-minded awareness and on to success.

For that reason, we can now say that one of the fundamental purposes of Right-Minded Teamwork is to remove the blocks of wrong-minded thinking in every teammate.

By doing that, the following right-minded truth is revealed and both you and your team will soar to new heights.

Training your mind to transform your team into a learning classroom is the most profitable journey you will ever take. It is a journey without an actual physical distance on the way to your goal of creating a team that works as one.
# Right-Minded Choices

<table>
<thead>
<tr>
<th>Right–Minded: Reason</th>
<th>Wrong Minded: Ego</th>
</tr>
</thead>
<tbody>
<tr>
<td>Create, clarity, order, simplicity and calmness</td>
<td>Create confusion, chaos, complexity and drama</td>
</tr>
<tr>
<td>Advocate for collaboration and synergy</td>
<td>Support contrary competition &amp; power</td>
</tr>
<tr>
<td>Do unto others as you ... unto you.</td>
<td>Do unto other BEFORE they do unto you.</td>
</tr>
<tr>
<td>Support accountable &amp; responsible behavior</td>
<td>Tend to demonstrate victim and/or victimizer behavior</td>
</tr>
<tr>
<td>Believe that I am not my mistakes; mistakes are opportunities</td>
<td>Believe that I am my mistakes; I continue to obsess over mistakes</td>
</tr>
<tr>
<td>Understands Emotional Maturity</td>
<td>Demonstrates Emotional Immaturity</td>
</tr>
<tr>
<td>Prefers to convert mistakes &amp; learn Practices acknowledgement and reward</td>
<td>Prefers to punish mistakes Tends to avoid and complain</td>
</tr>
<tr>
<td>Always talks in a We-Centered way</td>
<td>Always talks from self-centered way</td>
</tr>
</tbody>
</table>
Shop for Right-Minded Choice Cards

http://rightmindedteamwork.com/shop
Right-Minded Teamwork is a business and psychological approach to team building where acceptance, forgiveness and adjustment are teammate characteristics and customer satisfaction is the team’s result.

RigthMindedTeamwork.com

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